

**Shannon Young**  
**Sherwood Ice Arena**  
**Competitive Figure Skating Director**  
Email: [skating4sure@yahoo.com](mailto:skating4sure@yahoo.com)

- **PSA Senior Rating/Freestyle**
- **PSA Certified Rating/Moves in the Field**
- **ISI Gold Certified Judge**
- **Sherwood Figure Skating Club Board Member**

**Philosophy:** Shannon welcomes the opportunity to pass on her love of figure skating to skaters of all levels and ages. While continuing her coaching education through the Professional Skaters Association, she consistently strives to bring best skating education to each student. Her main goal is for her students to have fun learning life skills and achieving their figure skating goals whether they are an elite or recreational skater.

**Coaching Background:** Shannon has over 19 years coaching experience in both Southern California and Oregon. She has enjoyed coaching students from Beginner through the Senior levels in Freestyle and Moves in the Field. Shannon's students have competed and medaled in many local and regional USFS and ISI competitions as well as ISI Worlds. Shannon has been the Competitive Figure Skating Director for Sherwood Ice Arena since 2008 where she heads up clinics, camps and ISI competitions.

**Skating Background:** Shannon started skating in Southern California, where she trained in freestyle, figures and pairs. While training under Ice Follies Professional, Jerry Rehfield, as well as Olympic, European and World competitor and coach, Hans Mueller, Shannon competed in many local and regional USFS competitions and performed in ice shows and exhibitions. Currently, Shannon still enjoys ice dancing and has recently competed at the 2008 US Figure Skating Adult Pacific Sectionals. Ballet and dance has been a large inspiration in Shannon's skating and coaching.

**Coaching Memberships:**

Professional Skaters Association (PSA)  
US Figure Skating (USFS)  
Sherwood Figure Skating Club (SFSC)  
Ice Skating Institute (ISI)

**Coaching Disciplines:** All levels of Freestyle, Moves in the Field, Beginning Pairs, Artistry and Choreography

**Pursuing:** Continuing education through the PSA, Master Rating in Freestyle, Ratings in Groups and Program Director

**Rates and Availability-** Shannon is currently accepting student of all levels and ages. Please email Shannon at [skating4sure@yahoo.com](mailto:skating4sure@yahoo.com) for more information.

While Shannon is not coaching figure skating she enjoys cooking, hiking, traveling and spending time with her husband and two children.

