

Registration Form

Parent: _____

Child: _____

Address: _____

City/Zip: _____

Day Phone: _____

Night: _____

Required: E-Mail: _____

D.O.B. _____

ISI Number _____

Requested Jersey size: Y = Youth A = Adult
(circle one)

YS YM YL YXL AS AM AL AXL

See Pro Shop for proper sizing

Date: _____

Amt. Received: _____

Cash / Check # _____

Visa / MC # _____

Exp. Date: ____ / ____ Rcvd by: _____

All Fees are Non-Refundable

Instructors

Matt Greenlaw - Camp Director

Hometown: Hingham, Ma.
Sherwood Ice Arena Staff Instructor
Instructor with Planet Hockey &
European Hockey Connection
25 years of Hockey experience as a
Player/Coach
USA Hockey Select Team Coach
USA Hockey Certified Coach

Biz Zorick

Hometown: Anchorage, AK
Sherwood Ice Arena Staff Instructor
USA Hockey Certified Coach
College Hockey: Bemidji State, Minnesota

Joe Eirvin

Hometown: St. Louis, MO
Sherwood Ice Arena Staff Instructor
Junior Hockey: USHL, NAHL
College Hockey: St. Louis University

Jason McBain

Hometown: Kimberly
Sherwood Ice Arena Staff Instructor
Junior Hockey: WHL Portland
Winterhawks, NHL Hartford Whalers,
IHL, AHL, and ECHL

****Your student must have
completed Pre Alpha / LTPH
class or have the skating
equivalent**

Summer 2009 Youth Hockey Training Camp

August 24th, 25th, & 26th



Limited Space
Sign up now

Sherwood Ice Arena
20407 SW Borchers Dr.
Sherwood, OR. 97140
(503) 625-5757
www.sherwoodicearena.com

Why Choose Sherwood Youth Hockey Training Camp?

The Mission of the Sherwood Ice Arena Youth Hockey Training Camp will be to provide an instructional experience that allows each student to improve his/her skills, knowledge of the game, and self-confidence through a "positive" learning experience.

We accomplish our mission by focusing our efforts on providing the following:

- An EXPERIENCED, TRAINED and DEDICATED STAFF of instructors who take an active interest in the development of their students.
- INDIVIDUAL INSTRUCTION, which identifies student's strengths and pinpoints weaknesses for improvement.
- Players are grouped by experience and skill level to ensure that each student is CHALLENGED at his/her COMPETITIVE LEVEL.
- INNOVATIVE DRILLS and teaching techniques that offer students the very latest training methods.
- A PROGRESSIVE CURRICULUM that focuses on the primary fundamentals that are so vital to the ongoing development of all players, including skating, puck handling, passing, shooting, playing without the puck and scoring.
- A DISCIPLINED, yet FUN LEARNING ENVIRONMENT that permits players the freedom to experiment with their talents and encourages students to push themselves beyond their current skill capacity.

Our Philosophy is simple.

The Sherwood Ice Arena Youth Hockey Camp is dedicated to making the game of hockey fun for everyone who plays it. By learning and developing the appropriate fundamental skills and knowledge of the game for each age group, every player will gain the confidence to be able to compete and enjoy the game at every competitive level.



(503) 925-8097

**"For all your
Hockey needs"**

Power Skating

- Emphasis on speed, agility, body control and balance.
- Long and POWERFUL forward stride training.
- Inside and outside edgework for quick, CONTROLLED stopping.
- QUICK starting techniques.
- SHARP tight turning mechanics.
- Forward crossover ACCELERATION.
- STRONG and efficient backward stride technique.

Hockey Skills Training

- Stick handling and PUCK CONTROL fundamentals
- FULL SPEED puck handling
- Stick handling in transition - backward and pivoting
- SHOOTING on the move
- Shooting with ACCURACY
- Wrist shot techniques for power and control
- Forehand and backhand pass receiving

Schedule

9:30am-11:30am On Ice camp

11:30am- Camp over or Lunch (brown bag)

Pizza provided on Wednesday

Included in camp cost, but not supervised:

11:45am-1:15pm Sticktime (Mon. & Tues.) included

1:30pm-5:00pm Public Session (included)

3 Day Camp Cost

Pre pay by 8/12 \$109.00

After 8/12 \$145.00

Must have annual ISI card ~ \$15

Camp jersey included with all 3 day camp attendees

Drop in Daily Cost

\$50.00

Camp Jersey

\$15.00

Parental Waiver / Release of Liability

PLEASE READ CAREFULLY BEFORE SIGNING

I, the undersigned parent or guardian, acknowledge the inherent risks involved in ice-skating and all sports related thereto. Accordingly, in consideration of my child being allowed to participate in all skating activities and/or other activities at Sherwood Ice Arena, I agree to the following:

1. I acknowledge and fully understand that my child will be engaging in activities that involve risk of serious injury which my result not only from my child's actions but also from the action, inaction, or negligence of others, and further that there may be risks not known to me or not reasonably foreseeable.
2. On behalf of my child, I assume all the foregoing risks and accept personal responsibility for my own damages following such injury.
3. On behalf of my child, I release, waive, discharge, covenant not to sue Sherwood Ice Arena, Ice Hus L.L.C. and all their respective Agents, Affiliates, Associates, Officers, Directors, Owners, and Employees (Collectively Releasees) from demands, losses, or damages on account of any injury, death or damage to property, caused or alleged to be caused in whole or part by releasees or any other party's actions, inactions, or otherwise: and agree to indemnify releasees from any and all third party claims caused in whole or part by my child's action.

I have read the above Waiver and Release, and understand that by signing below I have given up substantial rights on behalf of my child.

Child's name (Please print)

Signature of Parent or Guardian

Date